



10 PARENT TIPS DISTANCE LEARNING SUCCESS

SET YOUR SPACE

Find a quiet, dedicated space for learning. Ideally this space is away from a TV screen or other distractions.



LESSEN DISTRACTIONS

Wearing headphones during synchronous learning will help students limit household distractions.

PLAN YOUR DAY

Have a morning routine for your student. Have your child set an alarm, get dressed, and eat breakfast just as if they were going to traditional school.

PARENT'S ROLE

Parents should play a support role and ensure their student is present and engaged in class.

SHOW EMPATHY

Acknowledge that this is not an ideal situation and be understanding of yourself, your children, and their teachers.



TAKE BREAKS

Get up once in a while. Have a snack.

SPEAK UP & ASK FOR HELP

When things get tough, don't just push through it. Reach out to your child's school and teacher for assistance, tips, and guidance. You are not alone!



BUILD A VILLAGE

Enlist the help of your own network of family, friends, neighbors, or older children to help with distance learning.

ENCOURAGE PARTICIPATION

Encourage your child to participate in their online classrooms!

BE HEALTHY AND WELL

Everyone has to do their part to stop the spread of Covid. Wear a face mask, practice social distancing, and wash your hands regularly.